



# Healthy Diversity

[www.healthydiversity.eu](http://www.healthydiversity.eu)

## International training program on the intersections of Health and Society

2nd-6th July 2018

Venue: CEU Conference Centre, Budapest, Kerepesi út 87, 1106, Hungary

The training's language is English

## Aim of the training

The training proposes a very short introduction into the philosophy and methodology of the Healthy Diversity project. Participants will get familiar with some of the theoretical frames of medical anthropology, will have a chance to reflect on the practical impact of seemingly immaterial concepts - like culture, diversity and (un)equality - on the efficiency of their work. They will better understand what medicalization means in the praxis of health professionals and will get tips on how demedicalising practices can be introduced in the health system, contributing to the overall wellbeing of the patients and relieving the professional staff from some of the unnecessary stress factors inherent in their work. By the end of the training participants will have enhanced their intercultural competences by using the critical incident methodology developed by Margalit Cohen-Emerique.

# Learning objectives

- Develop a greater understanding on the relevance of stereotypes, national legislation, social culture and diversity for medical practices through examples from the six partner countries
- Increase their awareness about discrimination and unequal access to healthcare services for different patient groups
- Enhance their intercultural skills by learning new methods and developing resources for conflict resolution and stress management
- Have the occasion to exchange their views and experiences with colleagues from other countries and visit healthcare structures in Hungary

## For whom?

We propose the training first of all to all medical professionals: practicing doctors, nurses, paramedics, administrators of health facilities, experts, etc. We also expect students preparing for a career in the health sector. Besides, we recommend the training to anybody interested in the intersection of health and society: anthropologists, sociologists, behavioural scientists, adult trainers and researchers, etc.

**Expected number of participants:** 10 to 18

**How to register?**

Prospective participants should write to: [trainings@artemisszio.hu](mailto:trainings@artemisszio.hu)



# Programme

- **2nd-3rd July:** The Patient of the New Millennium – International conference

For the Conference detailed programme, [click here](#)

- **4th July, 9h-17h:** Getting to know each other, team building, biomedicine as a cultural system, the intercultural encounter, culture shock and sensitive zones within the health system, critical incidents and their analysis.
- **5th July, 9h-17h:** Analysing the participants own critical incidents, field visit and preparation for debriefing
- **6th July, 9h-16h:** Debriefing of the field visit, patient-health staff communication, intercultural translations, summary and evaluation.

# Trainers

- **Diana Szántó**  
Phd in Cultural Anthropology and Director of Artemisszio Foundation
- **Attila Dobos**  
Assistant professor at the Department of Social Sciences in Semmelweis University, Faculty of Health Sciences.
- **Vera Varhegyi**  
Founding member of Elan Interculturel, has an experience of 17 years in intercultural trainings aiming at the development of intercultural competences

# About Healthy Diversity



## Healthy Diversity

Healthy Diversity is a three-year project co-funded by the Erasmus+ Programme of the European Commission (KA2 - Strategic partnership in the field of VET).

It aims at improving the capacity of health professionals, managers of health service providers and decision-makers in meeting the needs of culturally diverse patient groups, thereby reducing the barriers to accessing services and alleviating the existing forms of discrimination within the health sector.

The project activities are based on the method of Critical Incidents developed by the French social psychologist Margalit Cohen-Emerique, that proposes a resourceful strategy to uncover the set of cultural norms, values and behaviours that people belonging to the same culture tend to take for granted (e.g. gender roles, rationality, ideas about concepts like life or wellbeing).

Through lifting the often negative emotional haze surrounding intercultural misunderstanding, this methodology helps to become more aware of the illusion of our own cultural neutrality and invites us to explore the cultural reference frames in a more objective way, opening up a margin for negotiation where prejudice has a lesser role to play.

## Consortium



**Coordinator:**

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